

PBA DANCE TEAM TRY-OUTS

When: September 16th

Where: The Greene Complex Mahoney Gym

Must have completed application and \$5 application fee in order to participate

What do I wear? Tan tights, jazz shoes (black or tan), black spandex shorts, & appropriate fitted top

Technical Abilities include: Jumps, turns, leaps, alignment, and capability to perform choreography precisely

Flexibility and Strength: Split, straddle, sharpness in choreography

Style Requirements: Personal style, flare, posture, and facials

What do I bring? Application + \$5 fee, signed liability waiver, copy of PBA ID, copy of insurance card (back & front), copy of physical ***see attached application***

We ask that you have an up to date Sports Physical, if you do not, you can get one at the Health and Wellness Center for \$25.00. This is for your health and protection. Cheerleading is a physically demanding sport, and good health is required.

Costs: If you are to make the squad, there is a required fee which amounts to \$200.00. The cost break-down is as follows: \$150 covers shoes, work-out practice tops & tights, briefs, & poms. The other \$50 is a uniform deposit that is refunded at the end of the season when the uniform is returned, cleaned with the set of poms you were given. If the uniform and poms are not returned or returned damaged (i.e. missing an item, ripped, torn, un-removable stains) you will either not be refunded your deposit or only partially refunded, depending on the situation.

QUESTIONS? Contact Abigail_Hews@pba.edu or 561-803-2341 for more information!

Palm Beach Atlantic University Dance Team Application

Checklist:

- Completed and signed application with \$5 application fee
- Signed liability waiver
- Front and back copy of health insurance card
- Copy of PBA ID or acceptance letter
- Current Sports Physical

Name (*Print*) _____

Address: _____

Phone: _____

Personal Information

PBA ID: _____

Date of Birth: _____

GPA: _____ Major: _____

Email Address: _____

Dance Experience

1. What dance experience do you have? What strengths do you bring to a team?

2. What is your main style of dance background (what do you prefer the most?) Are you familiar with sideline dances/halftime routines?

3. List any personal skills that may contribute to your success as a dancer at Palm Beach Atlantic University.

As a prospective member of Palm Beach Atlantic University Dance Team, I understand that I must adhere to the following requirements and conditions or risk the chance of being terminated from the tryout process or removed from the squad.

1. I am a full time student at Palm Beach Atlantic University and have at least a 2.0 GPA, semester and cumulative.
2. I am in good standing with the PBA University and am not on academic or disciplinary probation.
3. I have no health or physical defects which would hamper my ability to perform as a dancer or which might cause dancing to be unsafe to my health.
 - a) I am covered by adequate health insurance to cover any cost of accident or injury that may occur to me during the try-out clinic, practices, or anytime I may be a member of the PBA dance program.
 - b) Any costs not covered by insurance will be my personal responsibility.
4. I also understand and accept that I may be cut at any time during the tryout process for any reason.

I have completed this application packet to the best of my ability. I understand that collegiate dancing involves elements of gymnastics and acro-sport activity, and thus involves the risk of personal injury. I am participating in these tryouts with this knowledge and do not hold the Palm Beach Atlantic University, the University Athletic Association or the State of Florida Board of Regents liable. **I also understand that judging will partially be of subjective nature and that the final decision of choosing squad members rests with the judges, coaches, and Palm Beach Atlantic University Athletic Association.**

Insurance Co: _____ **Policy#:** _____

Participant Signature: _____ **Date:** _____

GENERAL FACILITY CONSENT, ASSUMPTION OF RISK AND RELEASE FORM

I, _____ for myself and my estate, heirs, administrators, executors, and assigns, hereby release and hold harmless Palm Beach Atlantic University, Inc. (hereinafter referred to as "PBAU") and its officers, trustees, employees, representatives, agents, and volunteers (collectively, the "Release"), from any and all liability and responsibility whatsoever, whether caused by PBAU's carelessness, negligence or gross negligence, for any and all damages, claim or cause of action that I, my estate, heirs, administrators, executors, or assigns may have for any loss, illness, personal injury, death, or property damage arising out of, connected with, or in any manner pertaining to my participation in **_Dance Team_** (the "Activity") at the Greene complex or any other location at which such Activity occurs, whether owned by PBAU or otherwise. I fully understand that there are potential risks associated with my participation in the Activity, including, but not limited to, possible injury, death, serious neck and spinal injuries resulting in complete or partial paralysis, brain damage and serious injury to all bones, joints, muscles, internal organs or other parts or portions of the body, and that equipment provided for Participant's protection may be inadequate to prevent serious injury. Despite the potential hazards associated with the Activity, I wish to proceed, and freely accept and assume all risks, dangers, and hazards that may arise from participating in the Activity, including those that could result in loss, illness, personal injury, death, or property damage to me or to my property. I hereby agree to indemnify and hold harmless the Release from any judgment, settlement, loss, liability, damage, or costs, including court costs and attorney fees for both the trial and appellate levels that Release may incur as a proximate result of any careless, negligent, grossly negligent or deliberate act or omission on my part during my participation in the Activity. In signing this agreement, I acknowledge and represent that I have read and understand it; that I sign it voluntarily and for full and adequate consideration, fully intending to be bound by the same.

I am of lawful age (18 years or older) and legally competent to sign this waiver and release and I have signed the document of my own free will and action. I hereby consent to any publicity, including the use of my name and likeness, in connection with my participation in these activities at Palm Beach Atlantic University.

Participant's Printed Name: _____ *(If eighteen(18) years of age or older)*

Signature: _____ **Date:** _____

Parent's Printed Name: _____ *If Participant under eighteen(18) years of age)*

Signature: _____ **Date:** _____